

Project ♥ Linus

Monterey Bay Chapter

Fall 2002

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A big “thank you” to all the local blanketeers, as Project Linus continues to grow in the Monterey County. The Monterey Bay Chapter of Project Linus began October 2001. As of September 1, 2002, our chapter has received **414** blankets and **317** have been delivered to the following facilities: American Red Cross, Community Hospital of the Monterey Peninsula, Department of Social Services, Family Ties, Genesis House, Kinship Center, Monterey County Fire Departments, Runaway & Homeless Youth, Salinas Valley Memorial, Women’s Crisis Center and to the children who were fire victims in Arizona, and the children of the firefighters who lost their lives in the World Trade Center.

So much care and comfort could not have been given without each of you helping. Your generosity of time and skill is topped only by your spirit and heart full of love toward Project Linus and the children we serve in our community. Words alone do not express my sincere appreciation for all that each of you do.

*“I am only one but still I am one
I cannot do everything but still I can do something
I will not refuse to do the something I can do.” Helen Keller*

PL recently began delivering blankets to two of our hospitals, Community Hospital of the Monterey Peninsula and Salinas Valley Memorial. We’re delivering 15 blankets a week to CHOMP for five departments: Oncology, Mother Birthing, Pediatrics, Emergency and ICU. Fifteen blankets a week will quickly diminish our supply of 97 blankets, so please keep knitting, quilting and crocheting!

The Neonatal Intensive Care Unit at Salinas Valley Memorial uses quilts on the isolettes of newborns. The quilts keep the isolettes cozy and dark, shielding out the bright lights of the NICU. It makes the otherwise sterile environment appear homelike.

If you would like your blanket to be donated to the Neonatal Intensive Care Unit at Salinas Valley Memorial Hospital, the following guidelines must be adhered to:

- All blankets must be made of fabric, not yarn.
- Blankets must be approximately 36" x 48" in size.

To keep batting and front and back pieces together, the blanket must be sewn rather than tied with yarn or floss.

Blanket Tips – *Finishing Touches*

Some of the simplest things can help make a nice blanket a beautiful blanket.

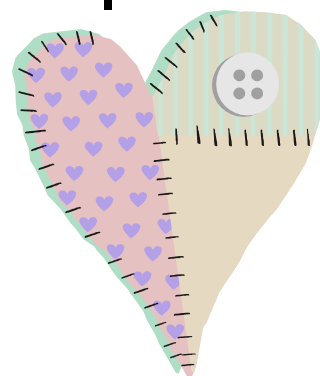
Choosing colors, fabric and yarns:

When selecting materials, remember whom you are making the blanket for. Choose child-friendly colors that will brighten a child’s face. Also, select yarns and fabrics that are soft, such as cottons and flannels. The recipients are already hurting. We don’t want to give them a scratchy blanket.

Adding Yarn:

Yarn should always be added at the beginning of a row. (Note: it takes four times the length a row to knit one row.) Insert needle into first stitch. Using new strand, k1. Be sure to leave a tail about 8 inches long. For next stitch, wrap old and new tails around the new strand. Make the next stitch as pattern says. Repeat wrap and stitch three times. When you’re done, just thread the tails onto a needle and weave

them invisibly into the blanket for a few inches (first in one direction, then the other). Clip.



Baby Heart Blankie from <http://knitting.about.com/library/blbabyaf3.htm>

This is a pattern of interlocking hearts done in knit and purl (totally reversible!) inside a garter stitch border. It is done on big needles either worsted weight. The blanket goes pretty fast and makes a light, fluffy, warm afghan.

Size: Approximately 27 x 37 inches

Materials: 4 balls (100g each, 940 yards total) of worsted weight yarn.
Size 8 and 10½ circular needles
(at least 24-inches long; long straight size 8 needles will also work).

Gauge: Approximately 4.2 stitches per inch over pattern.

General Instructions:

Cast on enough stitches to have 5 stitches at either side of blanket in garter stitch and enough pattern stitches to equal approximately 27 inches in width total. The pattern repeat is a multiple of 12 stitches plus 9.

Specific Instructions:

Using smaller needles, cast on 115 stitches.

Work 9 rows (5 ridges) in garter stitch (knit every row). The piece should measure about 1¼ inches.

Change to larger needles and work as follows; the first and last five stitches are done in garter stitch:

Row 1: Right side. K5, P4, K1, *P11, K1; rep from * across, end P4, K5

Row 2: K8, P3, *K9, P3; rep from * across, end K8

Row 3: K5, P3, K3, *P9, K3; rep from * across, end P3, K5

Row 4: K7, P5, *K7, P5; rep from * across, end K7

Row 5: K5, P1, K7, *P5, K7; rep from * across, end P1, K5

Row 6: K5, P9, *K3, P9; rep from * across, end K5

Row 7: K14, *P3, K9*; rep from * across, end K5

Row 8: Repeat Row 6

Row 9: K9, P1, *K4, P3, K4, P1; rep from * across, end K9

Row 10: K6, P2, K3, P2, *K2, P1, K2, P2, K3, P2; rep from * across, end K6

Row 11: K5, P10, *K1, P11*; rep from * across, end last rep K1, P10, K5

Row 12: Repeat Row 7

Row 13: Repeat Row 6

Row 14: Repeat Row 5

Row 15: Repeat Row 4

Row 16: Repeat Row 3

Row 17: Repeat Row 2

Row 18: Repeat Row 3

Row 19: K8, P3, *K4, P1, K4, P3*; rep from * across, end K8

Row 20: K5, P2, K2, P1, K2, *P2, K3, P2, K2, P1, K2*; rep from * across, end P2, K5

Repeat these 20 rows until blanket is the size you want. Change to smaller needles and knit 9 rows (5 ridges) in garter stitch (knit every row). Bind off.

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